



M'CHIGEENG



Season's Greetings from the Education Department!

Read on below for an update from the Child & Family Support Program. The photo above is from the preschool. More photos and updates from the Education department can be found on pages 2 & 3.

We have been keeping busy in the Child & Family Support Program at M'Chigeeng Binoojinh Gamgoonhs! We have our weekly events; Mom & Baby Socials, Language Night, and Family Drop In. We will be changing up our language nights within the next couple of weeks... It will be geared toward beginner language speakers and will be open to everyone.

Keep an Eye out for the December Calendar, we will be continuing all of our regular programming as well as some special events!

Starting in December, we will be offering an incentive at the end of the month; Every time you attend an event hosted by the Child & Family Support Program, your name will be entered into a draw to win an awesome prize!

We hope to see you at some of our events soon!

- Jasmine Roy, Child & Family Support Program Coordinator

What's inside

Page 2

Health Services/Covid Update

Masking is still an important way to keep yourself and others protected.

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Education Updates

Peek inside the daycare and Grade 2 classes!

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New Staff, Memberships Update

MFN has new staff! Read on about the importance of registering your children.

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Funding opportunities for businesses, new energy-related programs.

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Elder's Event Calendar

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Public Works

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Mental Health & Addictions

Harm Reduction & how to get involved.

Annual Community Meeting

Date: January 12, 2022

4:00 – 8:00pm @ the Complex
(Audit Presentation, Department Booths, Great Door Prizes)



Take precautions to reduce spread of the flu

An update from the M'Chigeeng Health Services Department

Anhii from the Health Services Department. Now that the fall season is here the Health Department has been very active in offering programs and services to the citizens of M'Chigeeng. We understand that majority of people are tired of hearing about Covid-19, but we just want to remind everyone that Covid-19 is still here within our community. Although masking is not mandatory now in M'Chigeeng we strongly recommend that you wear a mask when you are in any close settings such as an office or public gathering, stay home if you are sick and continue to wash your hands.

Besides covid it is flu season, and we are seeing a very high number of flu cases within the community so please take the same precautions of covid to reduce the spread of the flu. We have plenty of flu vaccines available at the health centre so please call to make an appointment to get you flu vaccine.

The nursing department has been very busy with Covid-19 and flu vaccine clinics, doctor clinics, diabetes awareness program and prevention programs. Homecare continues to provide PSW (continued on page 13...)

PreSchool Program

Aanii Gitziimuk,
First, we would like to welcome
Ashdon Atawish-McGregor!
We now have 15 Preschoolers in the Jr. Preschooler program. Children love circle time; we are learning the shapes, colours, and numbers. We love to sing songs and nursery rhymes. We enjoy playing and exploring outside in our playground and going for nature walks. Santa is coming to visit on December 9, 2022, we are asking all parents to bring in a wrapped gift by December 7, 2022.

Miigwech from staff and Jr. Preschoolers.





Loads of learning!

On the left: Junior preschool classroom learning; Below: Grade 2 Literacy and Reading Buddies, Grade 2 and Grade 6/7. On the right: Shapes Center and Puzzles for inquiry based math with Everly Ense.



Education Updates

Children are busy learning this season! Catch the update from the Junior Preschooler program on page 2, with additional photos from the grade 2 classroom on this page. Check out the other photo updates from Lakeview School! Pictured right is the Grade 2 Shape Scavenger Hunt Outdoors for Math Literacy.



Ahnii, Sr. Pre-schoolers mabaa. We have been really enjoying the fall weather and special occasions with our classmates and educators. Miigwetch!



THE
**OUTLAND
YOUTH
EMPLOYMENT
PROGRAM**

FIND US ON



EQUITY & OPPORTUNITY

FOR INDIGENOUS YOUTH THROUGH

1. EDUCATION

OYEP offers alternative, land-based education to support all forms of learning styles.

- Opportunity to tour active natural resource operations
- Energy, mining and forestry education
- Science Week - spend a week living at and attending class as a post secondary student at a College and/or University!
- Two high school credits

2. WORK

Gain valuable work experience in Silviculture, Forestry and Mining!

- Tree planting
- Brush cutting/Juvenile spacing
- Trail clearing/Building
- Construction
- Surveying/GIS
- Mining
- Forestry

Earn wages while having fun and learning new things!

3. TRAINING

During the 6 weeks, complete various training with accredited certifications that focus on employment Natural Resources sector:

- WHMIS
- First Aid
- Canoe Safety
- Tree Planting
- Brush Cutting
- Forest Fire Fighting
- Chainsaw Safety
- Learners driving permit training
- and more!

A REMOTE CAMP EXPERIENCE:

- Semi-private male and female accommodations
- On-site chef
- 3 meals and snacks
- Bi-weekly pay schedule
- Free time after work:
 - workout spaces,
 - volleyball, swimming, canoeing, etc

WHO CAN APPLY:

- Indigenous youth
- 16 to 18 years of age
- Eligible to work in Canada
- Must have a Social Insurance Number

HOW TO APPLY:

- Email: OYEP@outland.ca
- Visit: www.OYEP.ca
- Speak to your school guidance counsellor!



SIX WEEKS ON THE JOB



SAFETY



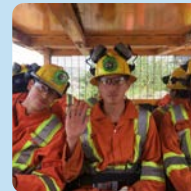
FORESTRY



SCIENCE WEEK



ENERGY



MINING



FIELD WORK

Why you should register your children with Indigenous Services Canada

An update from Dianne Debassige, Memberships Department

Good day M'Chigeeng! This is a call out for parents who may still need to get their child(ren) registered with Indigenous Services Canada. Please be aware how important this registration is to the future of your child's health and well being.

When a child develops into their older life stage, they may require doctors, dentists, teachers, special needs, and/or social and recreational programs. These services/ programs may be limited when you have not registered the birth information to the Registrar's Office.

If you are unsure about filling in the application For Registration on the Indian Registrar, I am here to assist you in completing the forms and mailing them out to the Registrar. Or you can access the form online at www.sac-isc.gc.ca and mail it out independently. Instructions are provided for completing the form and where to mail it.

You will need the Long Form - Statement of Live Birth or the new Birth Certificate

with parents' information on it. This original birth document will be mailed back to the permanent address you give on the application form. Once your application has been processed at the Headquarters Office, a notice will be mailed out to you and M'Chigeeng Membership office. Once the Registry number is assigned in your child's name, funding arrangements can be afforded to your child's needs.

Note: The Indian Registry number

must be obtained before you can apply for a Certificate of Indian Status or Secure Certificate of Indian Status, better known as status cards.

Let me know when you would like to get started with the paperwork!

Dianne Debassige

705-377-5362 Ext. 228
dianned@mchigeeng.ca

Low Barrier Emergency Shelter

We have a few things changing for the month of December for the Low barrier shelter.

Starting the month of December, the shelter will be open on TUESDAYS & WEDNESDAYS from 1pm-4pm. This is only for those two days; to provide services for the community members located in Lakeview and area. I Valisa Peltier the shelter coordinator and Leslie Scott our systems navigator will be there providing outreach services such as a warming centre, come by to warm up have a coffee, hot chocolate, a bit to eat, and one on one peer support If needed. Leslie will be available for other services such as help with resumes, cover letters, food bank supports, and all other inquires. There is a clothing bank located at the low barrier shelter, for anyone who needs clothing, winter boots,

winter jackets, socks, mitts and hats the Shelter Coordinator will gladly assist with access to the clothing bank during those days.

The clothing bank is operational during the week by appointment only. We have all sizes for male and female. If anyone is in need and would like to access the clothing bank please call the Valisa Peltier at 705-968-0517. The 'Low barrier Shelter' is located at 44 tikmeg road and is open Thursday-Monday from 1030pm- 830pm. Rides are available from the ' Peer support and outreach' building at 22 Bebonang street from 11pm-12am-2am-4am-6am and with a final drop off at 8am. If you need emergency shelter and need a ride please call the Shelter workers at 705-968-0517 anytime after 10:30pm.



Please welcome our NEW MFN Staff!

An update from Andrea McGregor, Human Resources Department

Aanii! It's been quite some time since the last HR Department update.

As you may have noticed, recruiting for M'Chigeeng First Nation is ongoing, and this is due to many reasons such as new positions established or the growth of a team. For example, there are two new Band Rep positions that are being recruited (which are included in this newsletter). Be sure to check the M'Chigeeng First Nation social media forums (MFN website, MFN Facebook Page, and the MFN APP), including the MFN Administration and Post Office bulletin boards for opportunities that may interest you.

I am excited to announce that Ms. Carla Abel has started in the Human Resources Department as Human Resources Assistant. Her education background consists of the Legal Assistant Program Canadian Career College, and more recently the Indigenous Studies Program (pending completion) at Laurentian University. She has administrative experience with a real estate firm and is eager to transfer her new position.

Carla has hit the ground running within the last two week by assisting in all aspects HR administrative processes, and training.



There is also a new team member in the Mental Health and Addictions Team, Ms. Emily Patterson grew up in Kagawong and spent her summers working at Billings Public Library and boating to Killarney to visit her grandparents and hike. In 2018 she left to attend the University of Guelph and graduated in April of this year with a major in psychology and a minor in family and child studies. She presented my undergraduate thesis work at the Canadian Psychological Association convention in Calgary this spring. After these experiences. She knew she wanted to move back home to the Island and begin learning more about the area. Outside of work, she enjoys spending quiet time outside, drawing/painting, and dabbling in a variety of musical instruments. She also coaches riding lessons. Emily is excited to have this opportunity to work in her chosen field to contribute to, and learn from, the community of M'Chigeeng First Nation!

Ms. Karlee Demera has been filling in for the role of the School Receptionist since the start of the school year. She enjoyed it so much, she applied for the full-time regular position, and was the successful candidate! Karlee has been instrumental in all administrative tasks, including preparations for the start of the school year. Her Karlee has a gentle, kind, and professional nature, and is sure to be an asset to Lakeview School. Karlee lives in Aundeck Omni Kaning First Nation and hails from Beausoleil First Nation (Chimnissing). She graduated from Canadore College with Indigenous Wellness and Addiction Prevention Diploma in 2015. Her work experience as an Executive Assistant in Aundeck Omni Kaning has assisted her in carrying out this role and she is delighted to be working for M'Chigeeng First Nation. She looks forward to getting to know everyone and that being a mother of two herself, she ensures that your children feel safe, comfortable, acknowledged, and accepted at Lakeview every day. Please don't hesitate to reach out to her for any assistance you may require at: secretary@lakeviewschool.ca or 705-377-4988.



Finally, there are several HR Projects that will be either continued or started, such as:

- 1. MFN Personnel Review** —The Enaagdenjged and Department Managers will continue to review and update the Personnel policies that govern the employee's workplace in order to stay competitive and legislatively compliant.
- 2. Succession Planning / Professional Development** — The plan is to focus on success planning and development in order to transition roles where staff may be retiring in the near term and within the next five (5) years.
- 3. Human Resources Information System (HRIS)** — Continuing the implementation of the HRIS system including Time Management system for employees and utilizing the full capabilities.
- 4. Performance Evaluation and Employee Development Tools** — Review technology-based solutions will be explored for performance evaluations and development tools, improving planning and coaching opportunities for employees and managers.

If you ever have questions regarding an employment opportunity, please do not hesitate to stop in or email me at andream@mchigeeng.ca.

Ahow, Miigwetch,
Andrea McGregor

NEW Employment Opportunities!

TWO (2) BAND REPRESENTATIVES

Department: Family Resources

Classification/Level: CS4 (\$61,200 - \$74,800) + Group Pension and Benefits

Employment Status: Full-Time Regular

Position Summary:

Under the supervision of the Family Resources Supervisor, the Band Representatives will represent all M'Chigeeng First Nation band membership children regardless of location, before the courts or legal matters. The Band Representative will ensure the heritage; cultural traditions, identity and rights of M'Chigeeng First Nation children are preserved by all parties involved in child welfare matters.

Essential Functions:

General

- To ensure all M'Chigeeng First Nation Protocols and Bylaws are adhered to.
- To act as an advocate at all child protection hearings, and to lobby for prevention and intervention solutions to issues directly affecting band membership children.
- Intake and assessment, obtain informed consent, collect client and family background/ case history, and develop plan of care
- Works with clients and appropriate workers to assess situations, identify issues and develop safety plans

Case Management/ Administration

- Practice strict confidentiality, privacy, ethical and non-bias approaches
- Prepare, serve, and file court documents such as Answer and Plan of Care, Case, Settlement and Trial Management conference briefs
- Attends child welfare investigations and visits aiming to prevent/close case files prior entering the court system
- Responds and acts on inquiries and referrals in a timely and professional manner and maintains contact with CAS and other involved social service agencies to keep abreast of client cases
- Attends pre- and post-trial meetings and provides oral and written presentations in court as required

*For detailed job description, please email andream@mchigeeng.ca.

Qualifications:

- BSW and/or College Diploma in Social Work
- In good standing with the Ontario College of Social Workers and Social Service Workers preferred
- Certification in Child Advocate/Band Representative Program is an asset
- At least three to five (3-5) years related work experience in a First Nation community or First Nation Organization.
- Knowledge and clear understanding of the Child & Family Services Act

Other Skills:

- Must understand and implement M'Chigeeng First Nations protocols and the By-Law for the Care of children of the Members M'Chigeeng First Nation # 001/01
- Must have clear understanding of legal documents and court systems and timeframes for filing purposes and extension requests
- Knowledge and experience in Alternative Dispute resolution; Family Circles, community circles
- Advanced computer skills with Microsoft Office and software programs specific to Child & Family Services
- Able to work flexible hours and under stressful situations
- Must have working knowledge of community resources and understanding of the issues facing MFN is essential
- Self-motivated, ability to work independently and is team oriented
- Must have excellent time management skills and ability to multitask and prioritize to meet deadlines
- Strong interpersonal and decisions making skills, analytical and problem-solving skills for nature of the work
- Must have knowledge and understanding of Anishinaabe culture, traditions, and customs
- Understanding and fluency of the Ojibwe language is an asset
- Must be willing to obtain First Aid /CPR, Mental Health First Aid Certificates; Applied Suicide Intervention Skills Training (ASIST) and any relevant training available to position
- Must have a valid Class "G" Driver's Licence and current driver's abstract, reliable vehicle and properly insured to transport individuals and able to travel extensively and work flexible hours and weekends

*Upon hire, a Police VSS is required, and must be thirty (30) days current, original or certified copy

Closing Date: December 2nd, 2022, at 12:00 p.m.

If you are interested in these new opportunities, applicants must submit cover letter, resume, with three current reference contacts (2 work related and 1 character reference) and copies of educational qualifications to:

BAND REPRESENTATIVES

c/o Human Resources

M'Chigeeng First Nation, P.O. Box 333

M'CHIGEENG, ON POP IGO

Fax 705-377-4980 or email to: employment@mchigeeng.ca

Miigwetch to all interested applicants, however only those selected for an interview will be contacted.

NEW Employment Opportunity

CHILDCARE RESOURCE TEACHER (2nd Posting)

Employment Status: Full-Time Regular

Classification Level: RTECE (\$41,850 - \$51,150)

Department: Education – Binoojiinh Gamgoonhs (Childcare Centre)

Position Summary:

Under the direct supervision of the Childcare Supervisor, the main objectives of this position are to provide a wide range of individual support for the Childcare children requiring special needs/more intensive assistance and to enhance professional development of Childcare Staff and Caregivers for the overall improvement of programs and services at the Centre

Essential Functions:

- Review students' files and all relevant material and information about students to assist in the development of Individual Program Plan (IPP) for students and periodically review and update IPPs
- Provide direct support to children requiring more intensive assistance that promote their physical and mental wellness, social development, and school readiness
- Provide support on learning strategies, literacy, and numeracy for all students within the classroom setting
- Liaise regularly and effectively with classroom teachers, consulting psychologist or psycho-ed, principal and/or delegate, students, and their parents.
- Identify children's learning styles and needs including a cultural component of teachings and storytelling
- Implement behaviour modification, personal development, and other therapeutic programs under supervision of professionals such as special education instructors, psychologists, or speech-language pathologists
- Identify special learning styles and needs; and material, supplies and equipment needed to develop lessons and activities, such as audio and visual technique, field trips and other learning resources
- Complete progress reports on students
- Prepare required monthly reports with findings and recommendations
- Assist in budgeting proposal submissions pertaining to enhancing program development
- Provide evaluations on the progress of students and discuss results with students, parents, and school officials
- Perform other duties as assigned.

Qualifications and Requirements

Diploma in Early Childhood Education or an equivalent academic qualification

Work experience with children with special needs

Must be willing to enrol and complete Resource Teacher Certification Course

Other:

- Have knowledge and understanding of the culture, traditions, and history of the Anishinabek
- Experience with Microsoft Office
- Excellent communication skills and always maintains a high level of confidentiality
- Fluency and/or understanding of Anishinaabemowin is an asset and/or must be willing to learn
- Must be certified in First Aid and CPR

Closing Date: December 2nd, 2022, at 12:00 p.m.

Interested applicants must submit COVER LETTER, RESUME, THREE (3) CURRENT CONTACT REFERENCES (2 Work-Related references and 1-character reference), and applicable education certifications addressed to:

Confidential: Childcare Resource Teacher

c/o Human Resources

M'Chigeeng First Nation, P.O. Box 333

M'CHIGEENG, ON POP 1G0

Fax 705-377-4980 or email to: employment@mchigeeng.ca



M'CHIGEENG FIRST NATION

LOW BARRIER

EMERGENCY SHELTER

RIDES FROM OUTREACH TO SHELTER

11pm - 12am- 2am- 4am- 6am

HYGEINE KITS
AVAILABLE

OPEN
MONDAY
THURSDAY
FRIDAY
SATURDAY
SUNDAY

CLOSED
TUESDAY
WEDNESDAY

CLOTHING
BANK ON
SITE

HOURS OF OPERATION
10:30PM-8:30AM

Any questions call Valisa Peltier
Shelter Coordinator
705-968-0517

Make The M'Chigeeng First Nation Fire Department's Holiday Wishes come True!

From the M'Chigeeng First Nation Fire Department

While fire can happen anywhere, at anytime, it most often strikes when we let our guard down - when we're distracted by the hustle and bustle of the holidays, by our cellphones, by the kids or by the doorbell. All it takes is for a pot to be left on the stove, or a candle left burning unattended, and a family's holiday celebrations can turn to tragedy.

The MFNFD encourages everyone to never leave a cooking pot unattended on the stove and consider using battery-operated or electric flameless candles.

Smoking is another leading cause of fires during the holiday season. Make sure smokers extinguish cigarettes in large deep ashtrays – not in plant pots which may contain peat

moss or shredded bark that can easily ignite. Ashes should be emptied in a metal container – not the garbage can – and put outside.

The MFNFD also reminds you to maintain working smoke and carbon monoxide (CO) alarms in your home. Install smoke alarms on every storey of your home and outside all sleeping areas. CO alarms are required outside all bedrooms. Test your smoke and CO alarms every month and install new batteries if needed.

Head to page 11 for tips on how to enjoy a fire safe holiday season!



4 X \$1,000.00
BIG BINGO
EVERY FRIDAY FOR THE MONTH OF DECEMBER 2022
M'Chigeeng Community Complex
Doors Open @ 5:00 pm
Mini Games start @ 6:45 pm
Followed by Regular Games

4 - Strip Entry Package \$32.00
Extra Strips \$7.00
(All jackpots are included in package)
ONE LINE - \$80 TWO LINES - \$160

Extra Games:
She'ndwin Teg Special, U-Pick-EM, Share the Wealth,
Big Time Blackout, \$1,000 Flashball Game & Quick Line Bonus

NEVADAS * CANTEEN * RAFFLE TABLE

For Updates call the Bingo Hotline @
(705) 377-5833

 Like us on Facebook 
She'ndwin Teg Gaming Commission



Free Skating
M'Chigeeng Arena
Beginning December 1st, 2022
Thursday's 5:00pm—6:00pm

All ages welcome
Sponsored by Family Resources
For more information, contact
Sally Still @ 377-4371 or sallys@mchigeeng.ca

No hockey sticks allowed at anytime, Miigwech

The MFNFD is wishing you a

Fire Safe Holiday!



CHECK OUT **SPARKY.ORG** FOR MORE FUN!
THE NAME AND IMAGE OF SPARKY ARE TRADEMARKS OF THE NFPA.

Holiday Fire Safety (cont'd from pg 10)

Enjoy a fire-safe holiday season by following these tips:

- Always stay in the kitchen when something is cooking on the stove;
- Place lit candles away from anything that can burn and out of the reach of children and pets where they can't be knocked over. Remember to snuff out candles before leaving the room or going to bed. Consider using battery-operated or electric flameless candles;
- Drink responsibly. Attempting to cook or smoke while under the influence of alcohol is too often a contributing factor in fatal fires;
- Make sure the base of real Christmas trees are immersed in water at all times, to prevent them from getting too dry;
- Check all sets of decorative lights before putting them up and discard any sets that are damaged;
- Develop and practice a home fire escape plan so that everyone in your home knows what to do if the smoke or CO alarms sound.

Mino Nbaanaamang miinwaa Mino Nimkookaading

For more information, contact:

M'Chigeeng First Nation Fire Department or the Office of the Fire Marshal and Emergency Management
Ontario.ca/firemarshall



Indigenous Women's Entrepreneurship Program

For more information, please call us at (705) 285-4275 or email waubetek@waubetek.com

VISIT WAUBETEK.COM TO LEARN MORE ABOUT THE:

- Micro-Loan Fund Up to \$20,000 (45% forgivable)
- Women Entrepreneurship Loan Fund Up to 50,000
- Mentorship Program

SNAPP Sustainable New Agri-Food Products & Productivity Program

Intake 1 open from November 3, 2022 to January 13, 2023

The Sustainable New Agri-Food Products and Productivity (SNAPP) Program is for northern Ontario agriculture and food producers and businesses. SNAPP will provide up to \$10,000 at 50% cost-share towards the purchase of equipment and/or materials that will result in the creation of innovative food or agricultural products new to the business; enhance productivity and/or improve efficiency or resource use through innovation in the process or technology to improve products or processes; or reduce ecological impact and carbon footprint through innovation in the process or technology while enhancing profitability.

Funding:

Up to \$10,000 at 50% cost-share for individual applicants

Up to \$25,000 at 50% cost-share for collaborations of 3 or more

SNAPP Sustainable New Agri-Food Products and Productivity Program



M'CHIGEENG FIRST NATION GROCERY STORE GP INC. BOARD OF DIRECTORS

- Charles Beaudin** – Band Councillor, Vice President
- Melanie Corbiere** – Treasurer/Secretary, Director
- Dennis Corbiere** – Band Councillor, Director
- Rochelle Debassige** – Director
- Edward Bisson** – Director

M'Chigeeng Community Energy Projects 2022/2023

As a First Nation, M'Chigeeng was eligible to apply for funding energy projects under the Indigenous Electricity Systems Operator (IESO). Our Economic Development department applied for three (3) energy related programs and was approved for all three programs.

1. Indigenous Energy Project (IEP): Feasibility study & Legal costs for Energy Investment project with Lafarge Canada. Initial work began in the spring of 2022.
2. Indigenous Community Energy Plan (ICEP): Funding approved to update current Community Energy Plan.
3. Community Energy Coordinator: Funding approved to hire for a three (3) year employment position. Posting is up for applicants.

HIAH CORP. BOARD OF DIRECTORS

- Sam Debassige**
Band Councillor, President
- Ryan Corbiere**
Vice President
- Rochelle Debassige**
Treasurer/Secretary
- Dennis Corbiere**
Band Councillor, Director

MERE GP INC. BOARD OF DIRECTORS

- Henry Panamick Sr.**
Band Councillor, President
- Howard Debassige**
Band Councillor, Vice-President
- Sam Debassige**
Band Councillor, Director
- Susan Hare**
Director

Internet Funding for Rural Businesses

Information for M'Chigeeng Businesses from HIAH

Traditional connectivity may not be available for many small to medium enterprises (SMEs) and will require the purchase or installation of additional or specialized equipment in order to achieve the minimum service level of 25Mbps. The Broadband Internet for Remote Areas fund will assist rural and remote small-medium businesses located in Northern Ontario.

- This non-repayable grant opportunity reimburses eligible applicants 50% (up to a maximum of \$1,500.00) towards the purchase of hardware, installation, labour fees and shipping towards upgraded or new broadband or satellite internet.
- New technologies can provide service levels to a minimum of 25Mbps download and 5Mbps upload, scalable to 50Mbps download and 10Mbps upload via satellite or fixed wireless solutions.

Eligibility

- Established businesses operating on a full-time basis, with a valid Canadian BIN number, are eligible
- Established seasonal businesses, such as tourism operations, are also considered eligible.
- Businesses must be within NOHFC/FedNor northern Ontario boundaries
- Hobby and part-time businesses are not eligible.

To ensure that you are eligible please consult with our staff BEFORE purchasing the equipment. Upon receipt of your application, NEOnet will contact you regarding your eligibility.

Eligible Costs

- Hardware and peripherals
- Installation charges
- Shipping and handling fees

Ongoing costs (monthly service fees) are not eligible.

Continued from page 2...

and nursing services out within the community as well as maintain the Wellness Center facility. The youth Program has continued with the Little Sisters and Young Warriors program as well as offering youth programs within the community. One of the highlights this period was the youth trip to Wonderland coordinated by the Family Resource Department where almost 50 youth attended the one-day trip. Many thanks to Chief and Council for providing a financial contribution to these youth to participate.

For the Health Services plans for this fiscal year, we will be focusing on improving our outreach services by reconnecting with our community members and planning and implementation of post covid activities.

If you have any questions, please feel free to give us a call at 705-377-5347. Stay safe and have a great fall season.

Baamaa,
M'Chigeeng Health Department

Terms and Conditions of Payment

- Eligible applicants may receive a reimbursement of up to 50% to a maximum of \$1,500.
- Applicants will select a vendor; staff are available to assist you with the possible vendor in your area.
- You must complete a short exit survey/ program evaluation for a claim to be processed.
- Once NEOnet has received all requisite documents, reviewed the final report, and the applicant has satisfied all other program requirements, we will issue reimbursement.

Contact: 85 Pine St S, Timmins, Ontario, P4N 2K1, Canada |
705-360-1353 | <http://neonet.on.ca/>

M'CHIGEENG Freshmart[®] Upcoming Holiday Events

December 1 - 22:

KIDS COLOURING CONTEST

- 1) 5yrs & under category
- 2) 6yrs-12 yrs. category

Three (3) winners from each category receive \$25 Gift Voucher each.

Submissions will be displayed at the Grocery Store. Please put your name and contact # on the back of your submission.

December 17:

Gingerbread House Making from 12-3pm. You can bring your own gingerbread house to make, or you can purchase one at Freshmart. There will be a student to help.

FRESHMART HOLIDAY HOURS

Saturday, December 24: 10am – 3pm
Sunday December 25: CLOSED
Monday December 26: 10am – 3pm
Tues Dec 27 to Fri Dec 30: 8am – 6pm
Saturday December 31: 10am – 3pm
Sunday January 1: CLOSED
Monday January 2: 8am – 6pm

**MERRY CHRISTMAS & HAPPY
HOLIDAYS TO ALL
from the MFN Grocery Store
Management & Staff**



M'Chigeeng Elder's Events Wellness Centre 2022

Name Giizhgat	ShkwaaName Giizhgad	Niish Giizhgad	Zozep Giizhgad	Spiniganwang	Jiibato Giizhgad	Manii Giizhgad
Meals on Wheels are available Mon-Fri 12pm for \$5.00 each, Please call ahead for more details. To sign up for events and or programs please contact Angela @ (705) 377-4240, ext 201				1 Residents to Freshmart 10am Community Elder's Freshmart 1pm	2 Bank of Montreal Trip 9:30am	3
4	5	6 Christmas Prize Bingo 2pm	7 Christmas Crafts 1pm	8 Residents to Freshmart 10am Community Elder's Freshmart 1pm	9 Bank of Montreal Trip 9:30am	10 Community Christmas Gathering Complex
11	12	13 Christmas Baking with Pam Roy 1pm	14 Residents to Freshmart 10am Community Elder's Freshmart 1pm	15 Residents to Freshmart 10am Community Elder's Freshmart 1pm	16 Bank of Montreal Trip 9:30am	17
18	19	20	21 First Official Day of Winter	22 Offices Closed at 12pm	23 Offices Closed	24
25 	26	27	28	29	30	31

**Offices Closed
Essential Services In Effect**

AANII - BOOSHOO KINA WIYA

My name is Daina Stevens, and I am currently the Economic Development Office Administrative Assistant.

My position requires me to provide support for all administrative and reception functions of the HIAH Economic Development Corporation, secretarial and clerical support for MERE GP Inc., and the M'Chigeeng Freshmart Grocery Store.

I also prepare, distribute, record all data in reference to Committee Board meetings,

staff meetings, and other General duties that are required. In addition, I am also able to utilize my knowledge of the Anishnabemowin language and knowledge of our culture and traditions, it is very useful when meeting and greeting Elders, Community members and other Guests.

Any questions, please feel free to contact me at 705-377-5362 ext. 232 or email me dainas@mchigeeng.ca

Baamaa pii kaawabmin



Mission Statement

"NDIBENDAANAA" - We Own It

Vision Statement

To Be A Catalyst For Economic and Community Development in M'Chigeeng First Nation
PROUD, PROSPEROUS, PROGRESSIVE

Anishinabek Nation Gas & Tobacco Retailer Tech Capacity Survey

The Anishinabek Nation is seeking feedback from its member First Nation gas and/or tobacco retailer owners/operators for the continued development of the AN Commission framework. In creating a framework that displaces Ontario in First Nations' jurisdiction we hope to learn about the ways in which retailers track sales and remit taxes to the government.

Information we are seeking

- Current data collection methods being used by retailers for gasoline and tobacco purchases
- current or potential barriers in accessing new technologies; why retailers use their current systems, what works, what should be changed
- Capacity needed to support transitions
- New innovative data collection methods are available to retailers
- Best methods for use within the Anishinabek Nation Commission
- Roles and responsibilities of First Nations in collecting and safeguarding data, and promoting digital innovation while preserving culture

Survey Details

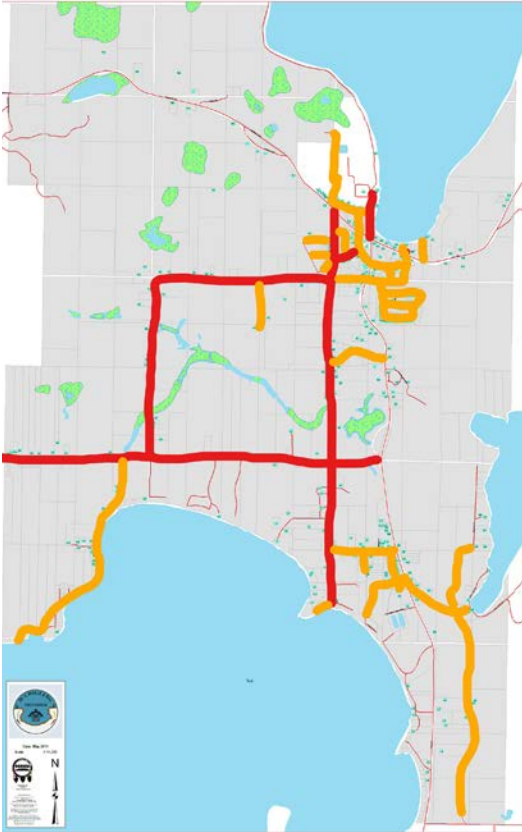
- Open to all AN gas and/or tobacco retailer ow
- Participants are entered into a draw for a **\$500 gift card**
- **Access the survey until December 9th:**
<https://www.surveymonkey.com/r/9PCC3YM>
- For any questions please contact Brandon Manuel at brandon.manuel@anishinabek.ca



Next Steps

- FN Retailer Engagement
 - ⋈ Regional virtual sessions
 - ⋈ In-person Sessions
- AN Gas & Tobacco Forum
 - ⋈ Jan 31–Feb 1 – location TBD

Public Works Department



Aanii M'Chigeeng, hope all is well, and everyone is prepared for the winter months! Here in the Public Works Department, we have been hard at it preparing for winter months ahead! You will be seeing the Public Works Crew out and about on their routes in the big plows if you have not seen us already. We are prepared and ready to hit the winter months head on. These are the busiest months for our Public Work Department as we all work hard together to ensure our community is taken care of.

November 17th, 2022, the Public Works Department sent out the Snowplowing Policy and Applications out through bulk mail. The Snowplow Policy and Application is also on our web-site, that can be filled out and sent into Treena Debassige the Public Works Manager via email treenad@mchigeeng.ca or come on into the Administrative Office to hand deliver, whichever you prefer! Any questions or concerns, I am always willing to answer. We encourage all to read through the Snowplow Policy. Attached in this month's newsletter, I am sharing with you the Public Works Departments snowplow routes map, this indicates which roads are prioritized. Level of Service Standards (L.O.S.S) which indicates prioritizing also contact information as to who to contact during the Christmas Holidays. The Public Works Department would like to remind everyone to be aware and keep up to date of weather conditions and to please, drive accordingly.

We wish you all the best, and a happy holiday season! Miigwetch!

Treena Debassige
 Public Works Manager
 (W) 705.377.5362 ext. 237
 (C) 705.968.0290

Level of Service Standards

SERVICE	INFORMATION
Priority 1 – Primary Routes	Roads with highest traffic volumes are priority for plowing and applying material.
Priority 2 – Secondary Routes	Roads in the Village and Lakeview near the schools are cleared next.
Priority 3 – Parking Lots	Parking lots of schools and office buildings are then plowed.
Priority 4 – Driveways of Disabled	Driveways of the Disabled are then plowed. Pending circumstances may be considered priority.
Priority 5 – Driveways of Elders	Driveways of Elders are cleared as soon as possible. Pending circumstances may be considered priority.



CLOTHING BANK

In need of clothing?
Winter boots?
Winter jacket?
Mitts, hatts?

Open Mon-Fri
by appointment

 @ Low barrier Shelter
44 Tikmeg Road M'Chigeeng

We have men, womens and some
childrens. In all sizes! Jackets,
shoes, boots, winter gear etc!
Call to make an appointment

Valisa Peltier Shelter Coordinator

 705-968-0517

valisap@mchigeeng.ca



CP/PW Department Updates

Project Management is a key part of the planning for any intuitive. Project management can be as simple as planning your day, from getting out of bed, making coffee selecting your outfit for the day and even planning what activities you plan on addressing at work. There are four main steps for effective project management:

1. Pre-planning- what you are going to be doing
2. Execution- actually doing the work
3. Monitoring- stay on track with budget & schedule
4. Completion- job accomplished & reporting.

Each stage is very important, if you do not do proper planning it will delay the execution of the work, which result in delays in the schedule and potential cost overruns.

FHR was on site early November to give a quick seminar to the CPPW team and offered extra seats to other managers within the administration. This seminar will help the CPPW team with carrying out the back log in renovations. This type of planning will also assist with budgetary responsibilities and scheduling of job/projects to become for efficient.

Lakeview School

The contractors Lignum Builders are moving full steam ahead, with the gym

roof trusses already delivered, their crew is preparing the roof top to receive the secure the truss'. This portion of the project is expected to be completed by or around Christmas (weather dependant) to ensure we can utilize the gym safely through out the winter months.

Housing Projects

6-plex Renovation Project
Project is 95% completed
Contractor is addressing deficiency list produced by Architect.

Housing team has approved list of tenants ready to move in once substantial completed is awarded.

Both barrier free units are at or near substantial completion.



HOLIDAY TIPS



- **Leaving home for the holidays? Leave your heat running on a low setting to avoid any pipe bursts.**
- **Artificial trees are recommended. However, if you prefer real Christmas trees, they need to be watered regularly to reduce the threat of fire.**
- **Holiday lights should only be attached using the plastic hooks included with the lights. NEVER staple or nail anything into your roof shingles, trim or siding. This can result in leaks and costly repairs!**



Boozhoo from the Housing Department! We are continuing to make progress on the backlog of renovation and repair requests delayed by Covid-19. Right now in the construction and renovation industry, there are many challenges everyone is facing including supply chain shortages, longer wait times for materials, increasing price costs, labour shortages, and demand for construction especially on the Island, is at an all-time high.

I would like to express my gratitude and appreciation to all our general contractors, plumbers, electricians, HVAC technicians, roofers and cleaners we work with as well as our own housing staff. They have all worked tirelessly, in all kinds of weather conditions and answer the call for emergencies 24/7. Chi-miigwetch – it truly takes a village to makes things happen.

All the best M'Chigeeng for a happy and healthy 2023!


Darcie Anderson
Housing Manager

FIVE ways to heat your home for less




- ### 1 Stop the draft!


Keep cold temperatures out and warm air in by placing a rolled up towel or blanket in the space between the door and floor.


- ### 2 Lower the temperature 3 degrees


A good guide is to program 17°C when you are sleeping or not at home, and 20°C when you are awake and at home.


- ### 3 Buy a window film insulation kit


Installing film over your windows significantly improves the insulating value of your window, reducing cold air drafts.


- ### 4 Change the furnace filter

A dirty filter clogged can cause your furnace to work harder because of decreased air flow.


- ### 5 Ceiling fans aren't just for summer!

Run ceiling fans in a clockwise direction which will pull warm air from the ceiling and recirculate throughout your home.



M'CHIGEENG

Freshmart®

4 - WEEK CHRISTMAS RAFFLE

4 X \$150.00

FRESHMART GIFT VOUCHER

- WEEK - 1 NOVEMBER 22 - NOVEMBER 28
- WEEK - 2 NOVEMBER 29 - DECEMBER 5
- WEEK - 3 DECEMBER 6 - DECEMBER 12
- WEEK - 4 DECEMBER 13 - DECEMBER 19

**SPEND \$25 OR MORE ON YOUR PURCHASE TO ENTER
PER VISIT**



Mental Health & Addictions Department Update

Aanii my name is Wrenn E Corbiere, and I am the new Mental Health & Addictions Educator for M'Chigeeng's Mental Health Department. My role is to provide information, workshops, and training for M'Chigeeng community members and staff regarding Mental Health and Addiction related topics. I am currently presenting a workshop for our staff called, Leading with Kindness. A brief seminar discussing Mental Health, Stigma, and how we can further our understanding surrounding these issues. Once these seminars are delivered, we are looking to collaborate in the new year to provide the second round of workshops to the Community called, Living in Kindness. I am excited to connect and provide as much information as possible to our community to build a better understanding of Mental Health and Addictions for all. Chi Miigwech!



Harm Reduction?

It's not a bad phrase.

What does it look like?

SAFE COMMUNITY SPACES

Having a safe environment where you can connect with others and share mutual interests is a form of harm reduction.

EDUCATION/ACCESS TO INFORMATION

Addressing stigma and having hard conversations is the first step. Being aware and knowledgeable of harmful situations and substances can and has saved lives.

KINDNESS

Treating a fellow community member with humility and kindness can change not only the way a person views themselves, but the way they live and interact with others.

GETTING INVOLVED

A Community is only as strong as the bond between it's people. Ask questions. Attend events. Remember our Grandfather Teachings.

INTERESTED IN GETTING INVOLVED?

Contact Wrenn Corbiere
@ wrennc@mchigeeng.ca
705 377 5347 ext. 204

HARM

REDUCTION

SAFE PRACTICES PROTECT OUR PEOPLE



OVERDOSE PREVENTION

- One of the leading causes of overdose is from shared equipment.
- New needles save lives.

We practice harm reduction to keep our community members safe.

#EndtheStigma #Safespaces



M'Chigeeng Family Resources Presents:

CHRISTMAS CRAFTS FOR KIDS!




FOR AGES 7-11 YRS

**HANDMADE HOILDAY
DECORATIONS AND ORNAMENTS!**



5:00 - 7:00 p.m.

**Tuesday, Dec. 6th
@ the AG Building**



**LIMITED SPACE - CALL SALLY STILL
TO REGISTER: 705-377-4371
OR SALLYS@MCHIGEENG.CA**



December with Ontario Works

As the Christmas holidays will be coming up shortly, we will be issuing Christmas gift certificates from M'Chigeeng Fresh Mart this year, instead of Christmas Hampers. Gift certificate will be delivered on Tuesday, December 15, 2022, between the hours of 10:00 am – 4:00 pm. Christmas gifts will also be delivered on December 19th, 2022.

January 1st, 2023, OW Assistance will be distributed on December 30th, 2022, by Direct Deposit.

PLEASE NOTE: DUE TO COVID – 19, GIFT CARDS AND GIFTS WILL BE DROPPED OFF ON FRONT STEPS. PLEASE ENSURE SOMEONE IS HOME ON THE DATES IDENTIFIED.

If you will not be home, please phone the Ontario Works Department at 705-377-5362 Ext. # 222 to let us know of an alternate residence where we can leave your Christmas gift certificate.

In case of any emergencies during the holidays, the Ontario Works staff will be on-call. Included below is the contact information.

John – johne@mchigeeng.ca cell: 705-936-6761
April – aprilc@mchigeeng.ca
Tracey – traceyj@mchigeeng.ca

Food Depot

The foodbank will be open on December 22nd and 29th during the Christmas Holidays for emergency basis from 2 – 4 pm. You can contact Jennifer Kaiser at jenniferk@mchigeeng.ca or call cell # 705-936-6761 before 2:00 pm.

Addictions Service Initiative

ASI Program - if you are experiencing difficulties with addictions, ASI can help. The program's targeted group is primarily Ontario Works clientele. Please contact Joan Hoakstra - ASI Caseworker at 705 377 5362, Ext. 219 or by email joanh@mchigeeng.ca if you would like to schedule an appointment.

TRAINING

Employment Experience – SATF

We are continuing to accept applications for the Employment Experience Program for the period April 1st, 2022, to March

Indian Day School Claims

Please note that Indian Day School survivors have can now apply for an extension until January 13, 2023, by submitting an Extension Request Form. It is recommended you submit your Claim Form together with your Extension Request Form, but Class Members may seek an extension prior to submitting their Claim Form.

GO TO: <https://mchigeeng.ca/indian-day-school/>

If you require assistance with your application, please contact Marlene Debassige at 705-377-5362 ext. 203

31st, 2022. All applicants must be a Band Member and on Social Assistance to qualify. Businesses can apply for the Employment Experience Program subsidy to assist trainees. The Program is a paid employment opportunity for OW Clients for up to a year. Please contact April Corbiere at 705 377 5362 Ext. 238 or aprilc@mchigeeng.ca

Northern Academy of Transportation and Training - NATT DZ training to be in M'Chigeeng. The DZ training has been approved, we will be sending out notifications soon to the community to sign up. Once dates are established, the DZ training will commence by mid January 2023. Learn how to drive a truck and earn your Ontario DZ Driver Training Course in a program designed by experienced trucking professionals.

NATTS Heavy Equipment

The Heavy Equipment Training for the spring of 2023 is still being negotiated, we will be sending out notifications to the community once we finalize dates, we will keep you posted.

Partnerships with Cambrian College

Provide training for Life Skills, resume writing, career planning, certifications – WHMIS, 1st Aid, etc. Targeting mid January 2023 to start the training initiative, we will be sending out notifications in the coming weeks once dates are finalized.

For more information regarding the training please contact John Ense at 705 377 5362 ext. 215 or johne@mchigeeng.ca

LDM Program:

The LDM Program accepts applications in all areas with skills development, Purchase of Training, Targeted Wage Subsidy, Self Employment Assistance, Mobility, Employment Insurance applications and Employment Supports. Applications can be completed by in person, email or by phone, please contact Abigail Paul at 705 377 5362, Ext. 225 or by email at abbyp@mchigeeng.ca. Stay Safe & Happy Holidays.



DECEMBER 2022

SUN

MON

TUE

WED

THU

FRI

SAT

1 Mom & Baby Social

2 BIG Bingo

3

Free Skate
Christmas Registration
Deadline

8 Mom & Baby Social

9 BIG Bingo

Drum + Soup
Making workshop

Drum + Soup
Making workshop

Community CHRISTMAS PARTY!
4:30-9pm

Free Skate

Income Reports Due

15 Mom & Baby Social

16 BIG Bingo

17

Free Skate
Gift Card delivery
OW & ODSP

22 Mom & Baby Social

23 BIG Bingo

24

Free Skate

Offices close @ 12pm

29 Mom & Baby Social

30 BIG Bingo

31

Free Skate

Jan 2023 Deposits

Offices Reopen on January 3, 2023

4

5 Mom & Baby Social

6 Women's Group

7 Family Dropln

8 Mom & Baby Social

9 BIG Bingo

10

Drum + Soup
Making workshop

Drum + Soup
Making workshop

Drum + Soup
Making Workshop

Drum + Soup
Making workshop

Drum + Soup
Making workshop

Community CHRISTMAS PARTY!
4:30-9pm

11

12 Mom & Baby Social

13 50/50 raffle

14 Family Drop In

15 Mom & Baby Social

16 BIG Bingo

17

Mom & Baby Social
Horn Rattle Making

Lang. Night
Horn Rattle making
CT- Great Migration

Horn Rattle Making
Fitness Boot Camp

Free Skate
Gift Card delivery
OW & ODSP

18

19 Mom & Baby Social

20 Lang. Night

21 Family Drop In

22 Mom & Baby Social

23 BIG Bingo

24

Children's Christmas Gift Delivery

CT- The Great Flood & Manitoulin Creation Story

Winter Solstice Feast/Social

Offices close @ 12pm

25

26

27 Lang. Night

28

29 Mom & Baby Social

30 BIG Bingo

31

MERRY CHRISTMAS!

